# $L_{p}$ Markov-Bernstein Inequalities on Arcs of the Circle 

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Let $0<p<\infty$ and $0 \leqslant \alpha<\beta \leqslant 2 \pi$. We prove that for trigonometric polynomials $s_{n}$ of degree $\leqslant n$, we have

$$
\begin{aligned}
& \int_{\alpha}^{\beta}\left|s_{n}^{\prime}(\theta)\right|^{p}\left[\left|\sin \left(\frac{\theta-\alpha}{2}\right)\right|\left|\sin \left(\frac{\theta-\beta}{2}\right)\right|+\left(\frac{\beta-\alpha}{n}\right)^{2}\right]^{p / 2} d \theta \\
& \quad \leqslant c n^{p} \int_{\alpha}^{\beta}\left|s_{n}(\theta)\right|^{p} d \theta
\end{aligned}
$$

where $c$ is independent of $\alpha, \beta, n, s_{n}$. The essential feature is the uniformity in $\alpha$ and $\beta$ of the estimate. The result may be viewed as an $L_{p}$ form of Videnskii's inequalities. © 2001 Academic Press

## 1. INTRODUCTION AND RESULTS

The classical Markov inequality for trigonometric polynomials

$$
s_{n}(\theta):=\sum_{j=0}^{n}\left(c_{j} \cos j \theta+d_{j} \sin j \theta\right)
$$

of degree $\leqslant n$ is

$$
\left\|S_{n}^{\prime}\right\|_{L_{\infty}[0,2 \pi]} \leqslant n\left\|S_{n}\right\|_{L_{\infty}[0,2 \pi]} .
$$

The same factor $n$ occurs in the $L_{p}$ analogue. See [1] or [3]. In the 1950s V. S. Videnskii generalized the $L_{\infty}$ inequality to the case where the interval over which the norm is taken is shorter than the period. An accessible reference discussing this is the book of Borwein and Erdelyi
[1, pp. 242-245]. We formulate this in the symmetric case: let $0<\omega<\pi$. Then there is the sharp inequality

$$
\left|s_{n}^{\prime}(\theta)\right|\left[1-\frac{\cos ^{2} \omega / 2}{\cos ^{2} \theta / 2}\right]^{1 / 2} \leqslant n\left\|s_{n}\right\|_{L_{\infty}[-\omega, \omega]}, \quad \theta \in[-\omega, \omega] .
$$

This implies that

$$
\sup _{\theta \in[-\pi, \pi]}\left|s_{n}^{\prime}(\theta)\right|\left[\left|\sin \left(\frac{\theta-\omega}{2}\right)\right|\left|\sin \left(\frac{\theta+\omega}{2}\right)\right|\right]^{1 / 2} \leqslant n\left\|s_{n}\right\|_{L_{\infty}[-\omega, \omega]}
$$

and for $n \geqslant n_{0}(\omega)$, this gives rise to the sharp Markov inequality

$$
\left\|s_{n}^{\prime}\right\|_{L_{\infty}[-\omega, \omega]} \leqslant 2 n^{2} \cot \frac{\omega}{2}\left\|s_{n}\right\|_{L_{\infty}[-\omega, \omega]} .
$$

What are the $L_{p}$ analogues? This question arose originally in connection with large sieve inequalities [7], on subarcs of the circle. Here we prove:

Theorem 1.1. Let $0<p<\infty$ and $0 \leqslant \alpha<\beta \leqslant 2 \pi$. Then for trigonometric $s_{n}$ of degree $\leqslant n$,

$$
\begin{align*}
& \int_{\alpha}^{\beta}\left|s_{n}^{\prime}(\theta)\right|^{p}\left[\left|\sin \left(\frac{\theta-\alpha}{2}\right)\right|\left|\sin \left(\frac{\theta-\beta}{2}\right)\right|+\left(\frac{\beta-\alpha}{n}\right)^{2}\right]^{p / 2} d \theta \\
& \quad \leqslant C n^{p} \int_{\alpha}^{\beta}\left|s_{n}(\theta)\right|^{p} d \theta \tag{1}
\end{align*}
$$

Here $C$ is independent of $\alpha, \beta, n, s_{n}$.
This inequality confirms a conjecture of Erdelyi [4]. We deduce Theorem 1.1 from an analogous inequality for algebraic polynomials:

Theorem 1.2. Let $0<p<\infty$ and $0 \leqslant \alpha<\beta \leqslant 2 \pi$. Let

$$
\begin{equation*}
\varepsilon_{n}(z):=\frac{1}{n}\left[\left|z-e^{i \alpha}\right|\left|z-e^{i \beta}\right|+\left(\frac{\beta-\alpha}{n}\right)^{2}\right]^{1 / 2} . \tag{2}
\end{equation*}
$$

Then for algebraic polynomials $P$ of degree $\leqslant n$,

$$
\begin{equation*}
\int_{\alpha}^{\beta}\left|\left(P^{\prime} \varepsilon_{n}\right)\left(e^{i \theta}\right)\right|^{p} d \theta \leqslant C \int_{\alpha}^{\beta}\left|P\left(e^{i \theta}\right)\right|^{p} d \theta . \tag{3}
\end{equation*}
$$

Here $C$ is independent of $\alpha, \beta, n, s_{n}$.

Our method of proof uses Carleson measures much as in [8, 9], but also uses ideas from [7] where large sieve inequalities were proved for subarcs of the circle. We could also replace $p$ th powers by more general expressions involving convex increasing functions composed with $p$ th powers, provided a result of Carleson on Carleson measures admits a generalisation from $L_{p}$ spaces to certain Orlicz spaces. We believe that such an extension must be possible, but have not been able to find it in the literature. So we restrict ourselves to $L_{p}$ estimates.

We shall prove Theorem 1.2 in Section 2, deferring some technical estimates. In Section 3, we present estimates involving the function $\varepsilon$ and also estimate the norms of certain Carleson measures. In Section 4, we prove Theorem 1.1.

## 2. THE PROOF OF THEOREM 1.2.

Throughout, $C, C_{0}, C_{1}, C_{2}, \ldots$ denote constants that are independent of $\alpha, \beta, n$ and polynomials $P$ of degree $\leqslant n$ or trigonometric polynomials $s_{n}$ of degree $\leqslant n$. They may however depend on $p$. The same symbol does not necessarily denote the same constant in different occurrences. We shall prove Theorem 1.2 in several steps:
(I) Reduction to the Case $0<\alpha<\pi$; $\beta:=2 \pi-\alpha$

After a rotation of the circle, we may assume that our arc $\left\{e^{i \theta}: \theta \in\right.$ $[\alpha, \beta]\}$ has the form

$$
\Delta=\left\{e^{i \theta}: \theta \in\left[\alpha^{\prime}, 2 \pi-\alpha^{\prime}\right]\right\},
$$

where $0 \leqslant \alpha^{\prime}<\pi$. Then $\Delta$ is symmetric about the real line, and this simplifies use of a conformal map below. Moreover, then

$$
\beta-\alpha=2\left(\pi-\alpha^{\prime}\right) .
$$

Thus, dropping the prime, it suffices to consider $0<\alpha<\pi$, and $\beta-\alpha$ replaced everywhere by $2(\pi-\alpha)$. Thus in the sequel, we assume that

$$
\begin{align*}
\Delta & =\left\{e^{i \theta}: \theta \in[\alpha, 2 \pi-\alpha]\right\} ;  \tag{4}\\
R(z) & =\left(z-e^{i \alpha}\right)\left(z-e^{-i \alpha}\right)=z^{2}-2 \cos \frac{\alpha}{2} z+1 ; \tag{5}
\end{align*}
$$

and (dropping the subscript $n$ from $\varepsilon_{n}$ as well as an inconsequential factor of 2 in $\varepsilon_{n}$ in (2)),

$$
\begin{equation*}
\varepsilon(z)=\frac{1}{n}\left[|R(z)|+\left(\frac{\pi-\alpha}{n}\right)^{2}\right]^{1 / 2} . \tag{6}
\end{equation*}
$$

We can now begin the main part of the proof:
(II) Pointwise Estimates for $P^{\prime}(z)$ when $p \geqslant 1$

By Cauchy's integral formula for derivatives,

$$
\begin{aligned}
\left|P^{\prime}(z)\right| & =\left|\frac{1}{2 \pi i} \int_{|t-z|=\varepsilon(z) / 100} \frac{P(t)}{(t-z)^{2}} d t\right| \\
& \leqslant \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right| d \theta /\left(\frac{\varepsilon(z)}{100}\right) .
\end{aligned}
$$

Then Hölder's inequality gives

$$
\begin{aligned}
&\left|P^{\prime}(z)\right| \varepsilon(z) \leqslant 100\left(\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta\right)^{1 / p} \\
& \Rightarrow\left(\left|P^{\prime}(z)\right| \varepsilon(z)\right)^{p} \leqslant 100^{p} \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta .
\end{aligned}
$$

(III) Pointwise Estimates for $P^{\prime}(z)$ when $p<1$

We follow ideas in [9]. Suppose first that $P$ has no zeros inside or on the circle $\gamma:=\left\{t:|t-z|=\frac{\varepsilon(z)}{100}\right\}$. Then we can choose a single valued branch of $P^{p}$ there, with the properties

$$
\frac{d}{d t} P(t)_{\mid t=z}^{p}=p P(z)^{p} \frac{P^{\prime}(z)}{P(z)}
$$

and

$$
\left|P^{p}(t)\right|=|P(t)|^{p} .
$$

Then by Cauchy's integral formula for derivatives,

$$
\begin{aligned}
p\left|P^{\prime}(z)\right||P(z)|^{p-1} & =\left|\frac{1}{2 \pi i} \int_{|t-z|=\varepsilon(z) / 100} \frac{P^{p}(t)}{(t-z)^{2} d t}\right| \\
& \left.\leqslant\left.\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|\right|^{p} d \theta \right\rvert\,\left(\frac{\varepsilon(z)}{100}\right) .
\end{aligned}
$$

Since also (by Cauchy or by subharmonicity)

$$
|P(z)|^{p} \leqslant \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta
$$

and since $1-p>0$, we deduce that

$$
\begin{aligned}
& p\left|P^{\prime}(z)\right| \varepsilon(z) \leqslant 100\left(\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta\right)^{1 / p} \\
\Rightarrow & \left(\left|P^{\prime}(z)\right| \varepsilon(z)\right)^{p} \leqslant\left(\frac{100}{p}\right)^{p} \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta .
\end{aligned}
$$

Now suppose that $P$ has zeros inside $\gamma$. We may assume that it does not have zeros on $\gamma$ (if necessary change $\varepsilon(z)$ a little and then use continuity). Let $B(z)$ be the Blaschke product formed from the zeros of $P$ inside $\gamma$. This is the usual Blaschke product for the unit circle, but scaled to $\gamma$ so that $|B|=1$ on $\gamma$. Then the above argument applied to $(P / B)$ gives

$$
\left(\left|(P / B)^{\prime}(z)\right| \varepsilon(z)\right)^{p} \leqslant\left(\frac{100}{p}\right)^{p} \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta .
$$

Moreover, as above

$$
|P / B(z)|^{p} \leqslant \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta,
$$

while Cauchy's estimates give

$$
\left|B^{\prime}(z)\right| \leqslant \frac{100}{\varepsilon(z)}
$$

Then these last three estimates give

$$
\begin{aligned}
\left|P^{\prime}(z)\right|^{p} \varepsilon(z)^{p} & \leqslant\left(\left|(P / B)^{\prime}(z) B(z)\right|+|P / B(z)|\left|B^{\prime}(z)\right|\right)^{p} \varepsilon(z)^{p} \\
& \leqslant\left\{\left(\frac{200}{p}\right)^{p}+200^{p}\right\}\left[\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta\right] .
\end{aligned}
$$

In summary, the last two steps give for all $p>0$,

$$
\begin{equation*}
\left|P^{\prime} \varepsilon\right|^{p}(z) \leqslant C_{0} \frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|P\left(z+\frac{\varepsilon(z)}{100} e^{i \theta}\right)\right|^{p} d \theta, \tag{7}
\end{equation*}
$$

where

$$
C_{0}:=200^{p}\left(1+p^{-p}\right)
$$

(IV) Integrate the Pointwise Estimates

We obtain by integration of (7) that

$$
\begin{equation*}
\int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon\right)\left(e^{i \theta}\right)\right|^{p} d \theta \leqslant C_{0} \int|P(z)|^{p} d \sigma \tag{8}
\end{equation*}
$$

where the measure $\sigma$ is defined by

$$
\begin{equation*}
\int f d \sigma:=\int_{\alpha}^{2 \pi-\alpha}\left[\frac{1}{2 \pi} \int_{-\pi}^{\pi} f\left(e^{i s}+\frac{\varepsilon\left(e^{i s}\right)}{100} e^{i \theta}\right) d \theta\right] d s \tag{9}
\end{equation*}
$$

We now wish to pass from the right-hand side of (9) to an estimate over the whole unit circle. This passage would be permitted by a famous result of Carleson, provided $P$ is analytic off the unit circle, and provided it has suitable behaviour at $\infty$. To take care of the fact that it does not have the correct behaviour at $\infty$, we need a conformal map:

## (V) The Conformal Map $\Psi$ of $\mathbb{C} \backslash \Delta$ onto $\{w:|w|>1\}$

This is given by

$$
\Psi(z)=\frac{1}{2 \cos \alpha / 2}[z+1+\sqrt{R(z)}]
$$

where the branch of $\sqrt{R(z)}$ is chosen so that it is analytic off $\Delta$ and behaves like $z(1+o(1))$ as $z \rightarrow \infty$. Note that $\sqrt{R(z)}$ and hence $\Psi(z)$ have well defined boundary values (both non-tangential and tangential) as $z$ approaches $\Delta$ from inside or outside the unit circle, except at $z=e^{ \pm i \alpha}$. We denote the boundary values from inside by $\sqrt{R(z)}$ and $\Psi(z)_{+}$and from outside by $\sqrt{R(z)}$ and $\Psi(z)_{-}$. We also set (unless otherwise specified)

$$
\Psi(z):=\Psi(z)_{+}, \quad z \in \Delta \backslash\left\{e^{i \alpha}, e^{-i \alpha}\right\}
$$

See [6] for a detailed discussion and derivation of this conformal map. Let

$$
\begin{equation*}
\ell:=\text { least positive integer }>\frac{1}{p} \tag{10}
\end{equation*}
$$

In [7, Lemma 3.2] it was shown that there is a constant $C_{1}$ (independent of $\alpha, \beta, n)$ such that

$$
a \in \Delta \quad \text { and } \quad|z-a| \leqslant \frac{\varepsilon(a)}{100} \Rightarrow|\Psi(z)|^{n+\ell} \leqslant C_{1} .
$$

(There $\ell$ was replaced by 2 , but the proof is the same; the constant $C_{1}$ depends on $\ell$ and so on $p$ ). Then we deduce from (8) that

$$
\begin{equation*}
\int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon\right)\left(e^{i \theta}\right)\right|^{p} d \theta \leqslant C_{1}^{p} C_{0} \int\left|\frac{P}{\Psi^{n+\ell}}\right|^{p} d \sigma . \tag{11}
\end{equation*}
$$

Since the form of Carleson's inequality that we use involves functions analytic defined on the unit ball, we now split $\sigma$ into its parts with support inside and outside the unit circle: for measurable $S$, let

$$
\begin{align*}
\sigma^{+}(S) & :=\sigma(S \cap\{z:|z|<1\})  \tag{12}\\
\sigma^{-}(S) & :=\sigma(S \cap\{z:|z|>1\}) .
\end{align*}
$$

Moreover, we need to "reflect $\sigma^{-}$through the unit circle": let

$$
\begin{equation*}
\sigma^{\#}(S):=\sigma^{-}\left(\frac{1}{S}\right):=\sigma^{-}\left(\left\{\frac{1}{t}: t \in S\right\}\right) . \tag{13}
\end{equation*}
$$

Then since the unit circle $\Gamma$ has $\sigma(\Gamma)=0,(11)$ becomes

$$
\begin{align*}
& \int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon\right)\left(e^{i \theta}\right)\right|^{p} d \theta \\
& \quad \leqslant C_{1}^{p} C_{0}\left(\int\left|\frac{P}{\Psi^{n+\ell}}\right|^{p}(t) d \sigma^{+}(t)+\int\left|\frac{P}{\Psi^{n+\ell}}\right|^{p}\left(\frac{1}{t}\right) d \sigma^{\#}(t)\right) . \tag{14}
\end{align*}
$$

We next focus on handling the first integral in the last right-hand side:
(VI) Estimate the Integral Involving $\sigma^{+}$

We are now ready to apply Carleson's result. Recall that a positive Borel measure $\mu$ with support inside the unit ball is called a Carleson measure if there exists $A>0$ such that for every $0<h<1$ and every sector

$$
S:=\left\{r e^{i \theta}: r \in[1-h, 1] ;\left|\theta-\theta_{0}\right| \leqslant h\right\}
$$

we have

$$
\mu(S) \leqslant A h .
$$

The smallest such $A$ is called the Carleson norm of $\mu$ and denoted $N(\mu)$. See [5] for an introduction. One feature of such a measure is the inequality

$$
\begin{equation*}
\int|f|^{p} d \mu \leqslant C_{2} N(\mu) \int_{0}^{2 \pi}\left|f\left(e^{i \theta}\right)\right|^{p} d \theta \tag{15}
\end{equation*}
$$

valid for every function $f$ in the Hardy p space on the unit ball. Here $C_{2}$ depends only on $p$. See [5, pp. 238] and also [5, p.31; p. 63].

Applying this to $P / \Psi^{n+\ell}$ gives

$$
\begin{equation*}
\int\left|\frac{P}{\Psi^{n+\ell}}\right|^{p} d \sigma^{+} \leqslant C_{2} N\left(\sigma^{+}\right) \int_{0}^{2 \pi}\left|\frac{P}{\Psi^{n+\ell}}\left(e^{i \theta}\right)\right|^{p} d \theta . \tag{16}
\end{equation*}
$$

(VII) Estimate the Integral Involving $\sigma^{\#}$

Suppose that $P$ has degree $v \leqslant n$. As $\Psi(z) / z$ has a finite non-zero limit as $z \rightarrow \infty, \quad P(z) / \Psi(z)^{v}$ has a finite non-zero limit as $z \rightarrow \infty$. Then $h(t):=\left(P\left(\frac{1}{t}\right) / \Psi\left(\frac{1}{t}\right)^{n+\ell}\right)$ has zeros in $|t|<1$ corresponding only to zeros of $P(z)$ in $|z|>1$ and a zero of multiplicity $n+\ell-v$ at $t=0$, corresponding to the zero of $P(z) / \Psi(z)^{n+\ell}$ at $z=\infty$. Then we may apply Carleson's inequality (15) to $h$. The consequence is that

$$
\int\left|\frac{P}{\Psi^{n+\ell}}\right|^{p}\left(\frac{1}{t}\right) d \sigma^{\#}(t) \leqslant C_{2} N\left(\sigma^{\#}\right) \int_{0}^{2 \pi}\left|\frac{P}{\Psi^{n+\ell}}\left(e^{-i \theta}\right)\right|^{p} d \theta .
$$

Combined with (14) and (16), this gives

$$
\begin{align*}
& \int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon\right)\left(e^{i \theta}\right)\right|^{p} d \theta \\
& \quad \leqslant C_{0} C_{1}^{p} C_{2}\left(N\left(\sigma^{+}\right)+N\left(\sigma^{\#}\right)\right) \int_{0}^{2 \pi}\left|\frac{P}{\Psi^{n+\ell}}\left(e^{i \theta}\right)\right|^{p} d \theta . \tag{17}
\end{align*}
$$

(VIII) Pass from the Whole Unit Circle to $\Delta$ when $p>1$

Let $\Gamma$ denote the whole unit circle, and let $|d t|$ denote arclength on $\Gamma$. Suppose that we have an estimate of the form

$$
\begin{equation*}
\int_{\Gamma \backslash \Delta}|g(t)|^{p}|d t| \leqslant C_{3}\left(\int_{\Delta}\left|g(t)_{+}\right|^{p}|d t|+\left|g(t)_{-}\right|^{p}|d t|\right), \tag{18}
\end{equation*}
$$

valid for all functions $g$ analytic in $\mathbb{C} \backslash \Delta$, with limit 0 at $\infty$, and interior and exterior boundary values $g_{+}$and $g_{-}$for which the right-hand side of (18) is finite. Here, $C_{3}$ depends only on $p$. (We shall establish such an inequality
in the next step). We apply this to $g:=P / \Psi^{n+\ell}$. Then as $\Psi_{ \pm}$have absolute value 1 on $\Delta$, so that $\left|g_{ \pm}\right|=|P|$ on $\Delta$, we deduce that

$$
\begin{aligned}
& \int_{\Gamma \backslash \Lambda}\left|P(t) / \Psi(t)^{n+\ell}\right|^{p}|d t| \leqslant C_{3} \int_{\Delta}|P(t)|^{p}|d t| \\
& \quad \Rightarrow \int_{0}^{2 \pi}\left|\frac{P}{\Psi^{n+\ell}}\left(e^{i \theta}\right)\right|^{p} d \theta \leqslant\left(\int_{\alpha}^{2 \pi-\alpha}\left|P\left(e^{i \theta}\right)\right|^{p} d \theta\right)\left(1+C_{3}\right) .
\end{aligned}
$$

Now (17) becomes

$$
\begin{align*}
& \int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon\right)\left(e^{i \theta}\right)\right|^{p} d \theta \\
& \quad \leqslant C_{0} C_{1}^{p} C_{2}\left(1+C_{3}\right)\left(N\left(\sigma^{+}\right)+N\left(\sigma^{\neq}\right)\right) \int_{\alpha}^{2 \pi-\alpha}\left|P\left(e^{i \theta}\right)\right|^{p} d \theta . \tag{19}
\end{align*}
$$

(IX) We Establish (18) for $p>1$

We note that inequalities like (18) are an essential ingredient of the procedure used in [8, 9] for proving weighted Markov-Bernstein inequalities, though there the unit ball was replaced by a half-plane. In the case $p=2$, they were also used in [7]. We can follow the same procedure. Firstly we may use Cauchy's integral formula to deduce that

$$
g(z)=\frac{1}{2 \pi i} \int_{\Delta} \frac{g_{-}(t)-g_{+}(t)}{t-z} d t, \quad z \notin \Delta .
$$

Let $\chi$ denote the characteristic function of $\Delta$ and for functions $f \in L_{1}(\Delta)$, define the Hilbert transform on the unit circle,

$$
H[f](z):=\frac{1}{i \pi} P V \int_{\Gamma} \frac{f(t)}{t-z} d t, \quad \text { a.e. } \quad z \in \Gamma .
$$

Here $P V$ denotes Cauchy principal value. Then we see that for $z \in \Gamma \backslash \Delta$,

$$
g(z)=\frac{1}{2}\left[H\left[\chi g_{-}\right](z)-H\left[\chi g_{+}\right](z)\right] .
$$

Now the Hilbert transform is a bounded operator on $L_{p}(\Gamma)$, that is

$$
\int_{\Gamma}|H[f](t)|^{p}|d t| \leqslant C_{4} \int_{\Gamma}|f(t)|^{p}|d t|,
$$

where $C_{4}$ depends only on $p$ [5]. We deduce that

$$
\int_{\Gamma \backslash \Delta}|g(t)|^{p}|d t| \leqslant C_{4}\left(\int_{\Delta}\left|g(t)_{+}\right|^{p}|d t|+\left|g(t)_{-}\right|^{p}|d t|\right),
$$

so we have (18).
(X) Pass from the Whole Unit Circle to $\Delta$ when $p \leqslant 1$

We have to modify the previous procedure as the Hilbert transform is not a bounded operator on $L_{p}(\Gamma)$ when $p \leqslant 1$. It is only here that we really need the choice (10) of $\ell$. Let

$$
q:=\ell p(>1) .
$$

Then we would like to apply (18) with $p$ replaced by $q$ and with

$$
\begin{equation*}
g:=\left(P / \Psi^{n}\right)^{p / q} \Psi^{-1}=\left(P / \Psi^{n+\ell}\right)^{p / q} . \tag{20}
\end{equation*}
$$

The problem is that $g$ does not in general possess the required properties. To circumvent this, we proceed as follows: firstly, we may assume that $P$ has full degree $n$. For, if (3) holds when $P$ has degree $n$, (and for every $n$ ) it also holds when $P$ has degree $\leqslant n$, since $\varepsilon_{n}$ is decreasing in $n$.

So assume that $P$ has degree $n$. Then $P / \Psi^{n}$ is analytic in $\mathbb{C} \backslash \Delta$ and has a finite non-zero limit at $\infty$, so is analytic at $\infty$. Now if all zeros of $P$ lie on $\Delta$, then we may define a single valued branch of $g$ of (20) in $\overline{\mathbb{C}} \backslash \Delta$. Then (18) with $q$ replacing $p$ gives as before

$$
\begin{aligned}
& \int_{\Gamma \backslash \Delta}|g(t)|^{q}|d t| \leqslant C_{3}\left(\int_{\Delta}\left|g(t)_{+}\right|^{q}|d t|+\left|g(t)_{-}\right|^{q}|d t|\right) \\
\Rightarrow & \int_{\Gamma \backslash \Delta}\left|P / \Psi^{n+\ell}\right|^{p}|d t| \leqslant 2 C_{3} \int_{\Delta}|P(t)|^{p}|d t|
\end{aligned}
$$

and then we obtain an estimate similar to (19). When $P$ has zeros in $\mathbb{C} \backslash \Delta$, we adopt a standard procedure to "reflect" these out of $\mathbb{C} \backslash \Delta$. Write

$$
P(z)=d \prod_{j=1}^{n}\left(z-z_{j}\right) .
$$

For each factor $z-z_{j}$ in $P$ with $z_{j} \notin \Delta$, we define

$$
b_{j}(z):= \begin{cases}\left(z-z_{j}\right) /\left(\frac{\Psi(z)-\Psi\left(z_{j}\right)}{1-\overline{\Psi\left(z_{j}\right)} \Psi(z)}\right), & z \neq z_{j} \\ \left(1-\left|\Psi\left(z_{j}\right)\right|^{2}\right) / \Psi^{\prime}\left(z_{j}\right), & z=z_{j}\end{cases}
$$

This is analytic in $\mathbb{C} \backslash \Delta$, does not have any zeros there, and moreover, since as $z \rightarrow \Delta,|\Psi(z)| \rightarrow 1$, we see that

$$
\left|b_{j}(z)\right|=\left|z-z_{j}\right|, \quad z \in \Delta ; \quad\left|b_{j}(z)\right| \geqslant\left|z-z_{j}\right|, \quad z \in \mathbb{C} \backslash \Delta .
$$

(Recall that we extended $\Psi$ to $\Delta$ as an exterior boundary value). We may now choose a branch of

$$
g(z):=\left[d\left(\prod_{z_{j} \notin \Delta} b_{j}(z)\right)\left(\prod_{z_{j} \in \Delta}\left(z-z_{j}\right)\right) / \Psi(z)^{n}\right]^{p / q} / \Psi(z)
$$

that is single valued and analytic in $\mathbb{C} \backslash \Delta$, and has limit 0 at $\infty$. Then as $\Psi_{ \pm}$have absolute value 1 on $\Delta$, so that $\left|g_{ \pm}\right|^{q}=|P|^{p}$ on $\Delta$, we deduce from (18) that

$$
\begin{aligned}
\int_{\Gamma \backslash \Delta}\left|P(t) / \Psi(t)^{n+\ell}\right|^{p}|d t| & \leqslant \int_{\Gamma \backslash \Delta}|g(t)|^{q}|d t| \\
& \leqslant C_{3} \int_{\Delta}\left(\left|g(t)_{+}\right|^{q}+\left|g(t)_{-}\right|^{q}\right)|d t| \\
& =2 C_{3} \int_{\Delta}|P(t)|^{p}|d t|
\end{aligned}
$$

and again we obtain an estimate similar to (19).
(XI) Completion of the proof

We shall show in Lemma 3.2 that

$$
\begin{equation*}
N\left(\sigma^{+}\right)+N\left(\sigma^{\#}\right) \leqslant C_{4} . \tag{21}
\end{equation*}
$$

Then (19) becomes

$$
\int_{\alpha}^{2 \pi-\alpha}\left|\left(P^{\prime} \varepsilon_{n}\right)\left(e^{i \theta}\right)\right|^{p} d \theta \leqslant C_{5} \int_{\alpha}^{2 \pi-\alpha}\left|P\left(e^{i \theta}\right)\right|^{p} d \theta .
$$

So we have (3) with a constant $C_{5}$ that depends only on the numerical constants $C_{j}, 1 \leqslant j \leqslant 4$ that arise from
(a) the bound on the conformal map $\Psi$;
(b) Carleson's inequality (15);
(c) the norm of the Hilbert transform as an operator on $L_{p}(\Gamma)$ and the choice of $\ell$;
(d) the upper bound on the Carleson norms of $\sigma^{+}$and $\sigma^{\#}$.

## 3. TECHNICAL ESTIMATES

Throughout we assume (4) to (6). We begin with some estimates on the function $\varepsilon$ :

Lemma 3.1. (a) For $z, a \in \Delta$,

$$
\begin{equation*}
|\varepsilon(z)-\varepsilon(a)| \leqslant 2|z-a| . \tag{22}
\end{equation*}
$$

(b) Let $0<K<\frac{1}{2}$. Then for $a, z \in \Delta$ such that $|z-a| \leqslant K \varepsilon(a)$, we have

$$
\begin{equation*}
1-2 K \leqslant \frac{\varepsilon(z)}{\varepsilon(a)} \leqslant 1+2 K . \tag{23}
\end{equation*}
$$

Proof. (a) Write $z=e^{i \theta} ; a=e^{i s}$. Now from (6),

$$
\begin{align*}
|\varepsilon(z)-\varepsilon(a)| & =\frac{1}{n}\left|\frac{\left[|R(z)|+\left(\frac{\pi-\alpha}{n}\right)^{2}\right]-\left[|R(a)|+\left(\frac{\pi-\alpha}{n}\right)^{2}\right]}{\left[|R(z)|+\left(\frac{\pi-\alpha}{n}\right)^{2}\right]^{1 / 2}+\left[|R(a)|+\left(\frac{\pi-\alpha}{n}\right)^{2}\right]^{1 / 2}}\right| \\
& \leqslant \frac{|R(z)-R(a)|}{2(\pi-\alpha)} \tag{24}
\end{align*}
$$

## Here

$$
R(a)=-4 a \sin \left(\frac{s-\alpha}{2}\right) \sin \left(\frac{s+\alpha}{2}\right)=-4 a\left(\cos ^{2} \frac{\alpha}{2}-\cos ^{2} \frac{s}{2}\right),
$$

so as

$$
\begin{gathered}
\frac{1}{\pi}(\pi-\alpha) \leqslant \cos \frac{\alpha}{2}=\sin \frac{\pi-\alpha}{2} \leqslant \frac{1}{2}(\pi-\alpha), \\
|R(a)| \leqslant 4 \cos ^{2} \frac{\alpha}{2} \leqslant(\pi-\alpha)^{2} .
\end{gathered}
$$

Note that then also

$$
\begin{equation*}
\varepsilon(a) \leqslant \frac{\sqrt{2}}{n}(\pi-\alpha) \leqslant \frac{5}{n} \cos \frac{\alpha}{2} . \tag{25}
\end{equation*}
$$

Next,

$$
R(z)-R(a)=-4(z-a)\left(\cos ^{2} \frac{\alpha}{2}-\cos ^{2} \frac{\theta}{2}\right)+4 a\left(\cos ^{2} \frac{\theta}{2}-\cos ^{2} \frac{s}{2}\right)
$$

so as $\theta \in[\alpha, 2 \pi-\alpha]$,

$$
|R(z)-R(a)| \leqslant 4|z-a| \cos ^{2} \frac{\alpha}{2}+4\left|\sin \left(\frac{s-\theta}{2}\right) \sin \left(\frac{s+\theta}{2}\right)\right|
$$

Here

$$
\begin{aligned}
\left|\sin \left(\frac{s-\theta}{2}\right) \sin \left(\frac{s+\theta}{2}\right)\right| & \leqslant\left|\sin \left(\frac{s-\theta}{2}\right)\right|\left[\left|\sin \frac{s}{2} \cos \frac{\theta}{2}\right|+\left|\cos \frac{s}{2} \sin \frac{\theta}{2}\right|\right] \\
& \leqslant\left|\sin \left(\frac{s-\theta}{2}\right)\right|\left[2 \cos \frac{\alpha}{2}\right] \\
& =|z-a| \cos \frac{\alpha}{2}
\end{aligned}
$$

We have used the fact that both $s, \theta \in[\alpha, 2 \pi-\alpha]$. So

$$
|R(z)-R(a)| \leqslant 8|z-a| \cos \frac{\alpha}{2}
$$

Then (24) gives (22).
(b) This follows directly from (a).

We next estimate the norms of the Carleson measures $\sigma^{+}, \sigma^{\#}$ defined by (9) and (12-13). Recall that the Carleson norm $N(\mu)$ of a measure $\mu$ with support in the unit ball is the least $A$ such that

$$
\begin{equation*}
\mu(S) \leqslant A h \tag{26}
\end{equation*}
$$

for every $0<h<1$ and for every sector

$$
\begin{equation*}
S:=\left\{r e^{i \theta}: r \in[1-h, 1] ;\left|\theta-\theta_{0}\right| \leqslant h\right\} . \tag{27}
\end{equation*}
$$

Lemma 3.2. (a)

$$
\begin{equation*}
N\left(\sigma^{+}\right) \leqslant c_{1} \tag{28}
\end{equation*}
$$

(b)

$$
\begin{equation*}
N\left(\sigma^{\#}\right) \leqslant c_{2} \tag{29}
\end{equation*}
$$

Proof. (a) We proceed much as in [7] or [8] or [9]. Let $S$ be the sector (27) and let $\gamma$ be a circle centre $a$, radius $\frac{\varepsilon(a)}{100}>0$. A necessary condition for $\gamma$ to intersect $S$ is that

$$
\left|a-e^{i \theta_{0}}\right| \leqslant \frac{\varepsilon(a)}{100}+h .
$$

(Note that each point of $S$ that is on the unit circle is at most $h$ in distance from $e^{i \theta_{0}}$.) Using Lemma 3.1(a), we continue this as

$$
\begin{align*}
& \left|a-e^{i \theta_{0}}\right| \leqslant \frac{\varepsilon\left(e^{i \theta_{0}}\right)}{100}+\frac{2}{100}\left|a-e^{i \theta_{0}}\right|+h \\
\Rightarrow & \left|a-e^{i \theta_{0}}\right| \leqslant \frac{\varepsilon\left(e^{i \theta_{0}}\right)}{98}+2 h=: \lambda \tag{30}
\end{align*}
$$

Next $\gamma \cap S$ consists of at most three arcs (draw a picture!) and as each such arc is convex, it has length at most $4 h$. Therefore the total angular measure of $\gamma \cap S$ is at most $12 h /(\varepsilon(a) / 100)$. It also obviously does not exceed $2 \pi$. Thus if $\chi_{S}$ denote the characteristic function of $S$,

$$
\int_{-\pi}^{\pi} \chi_{S}\left(a+\varepsilon(a) e^{i \theta}\right) d \theta \leqslant \min \left\{2 \pi, \frac{1200 h}{\varepsilon(a)}\right\} .
$$

Then from (9) and (12), we see that

$$
\begin{align*}
\sigma^{+}(S) & \leqslant \sigma(S) \\
& \leqslant \int_{[\alpha, 2 \pi-\alpha] \cap\left\{s:\left|e^{i s}-e^{i \theta} 0\right| \leqslant \lambda\right\}}\left[\frac{1}{2 \pi} \int_{-\pi}^{\pi} \chi_{S}\left(e^{i s}+\frac{\varepsilon\left(e^{i s}\right.}{100} e^{i \theta}\right) d \theta\right] d s \\
& \leqslant C_{1} \int_{[\alpha, 2 \pi-\alpha] \cap\left\{s:\left|e^{i s}-e^{i \theta_{0}}\right| \leqslant \lambda\right\}} \min \left\{1, \frac{h}{\varepsilon\left(e^{i s}\right)}\right\} d s . \tag{31}
\end{align*}
$$

We now consider two subcases:
(I) $h \leqslant \varepsilon\left(e^{i \theta_{0}}\right) / 100$

In this case,

$$
\lambda<\frac{\varepsilon\left(e^{i \theta_{0}}\right)}{25}<1,
$$

recall (25) and (30). Then for $s$ in the integral in (31),

$$
\begin{aligned}
\mid e^{i s}- & e^{i \theta_{0}} \mid \leqslant \lambda<1 \\
\quad & \Rightarrow 2\left|\sin \left(\frac{s-\theta_{0}}{2}\right)\right|=\left|e^{i s}-e^{i \theta_{0}}\right| \leqslant \lambda<\frac{\varepsilon\left(e^{i \theta_{0}}\right)}{25} \\
& \Rightarrow\left|s-\theta_{0}\right|
\end{aligned}
$$

and hence $s$, belongs to a set of linear measure at most $\leqslant C_{2} \varepsilon\left(e^{i \theta_{0}}\right)$.
Also Lemma 3.1(b) gives

$$
\varepsilon\left(e^{i s}\right) \geqslant \frac{23}{25} \varepsilon\left(e^{i \theta_{0}}\right) .
$$

So (31) becomes

$$
\sigma^{+}(S) \leqslant \sigma(S) \leqslant C_{2} \varepsilon\left(e^{i \theta_{0}}\right) \frac{h}{\varepsilon\left(e^{i \theta_{0}}\right)}=C_{2} h .
$$

(II) $h>\varepsilon\left(e^{i \theta_{0}}\right) / 100$

In this case $\lambda<4 h$. If $h<\frac{1}{4}$, we obtain $\lambda<1$ so as above, for $s$ in the integral in (31), $\left|s-\theta_{0}\right|<\pi$ and hence

$$
\begin{aligned}
& 2\left|\sin \left(\frac{s-\theta_{0}}{2}\right)\right|=\left|e^{i s}-e^{i \theta_{0}}\right| \leqslant \lambda<4 h \\
& \quad \Rightarrow\left|s-\theta_{0}\right|
\end{aligned}
$$

and hence $s$, belongs to a set of linear measure at most $C_{2} h$.
Then (31) becomes

$$
\sigma^{+}(S) \leqslant \sigma(S) \leqslant C_{2} h \cdot 1=C_{2} h .
$$

If $h>\frac{1}{4}$, it is easier to use

$$
\sigma^{+}(S) \leqslant \sigma(S) \leqslant \sigma(\mathbb{C}) \leqslant C_{1} 2 \pi \leqslant C_{1} 8 \pi h .
$$

In summary, we have proved that

$$
N\left(\sigma^{+}\right)=\sup _{S, h} \frac{\sigma^{+}(S)}{h} \leqslant C_{3},
$$

where $C_{3}$ is independent of $n, \alpha, \beta$. (It is also independent of $p$.)
(b) Recall that if $S$ is the sector (27), then

$$
\sigma^{\#}(S)=\sigma^{-}(1 / S) \leqslant \sigma(1 / S),
$$

where

$$
1 / S=\left\{r e^{i \theta}: r \in\left[1, \frac{1}{1-h}\right] ;\left|\theta+\theta_{0}\right| \leqslant h\right\} .
$$

For small $h$, say for $h \in[0,1 / 2]$, so that

$$
\frac{1}{1-h} \leqslant 1+2 h,
$$

we see that exact same argument as in (a) gives

$$
\sigma^{\#}(S) \leqslant \sigma(1 / S) \leqslant C_{4} h .
$$

When $h \geqslant 1 / 2$, it is easier to use

$$
\sigma^{\#}(S) / h \leqslant 2 \sigma^{\#}(\mathbb{C}) \leqslant 2 \sigma(\mathbb{C}) \leqslant C_{5}
$$

## 4. THE PROOF OF THEOREM 1.1.

We deduce Theorem 1.1 from Theorem 1.2 as follows: if $s_{n}$ is a trigonometric polynomial of degree $\leqslant n$, we may write

$$
s_{n}(\theta)=e^{-i n \theta} P\left(e^{i \theta}\right)
$$

where $P$ is an algebraic polynomial of degree $\leqslant 2 n$. Then

$$
\left|s_{n}^{\prime}(\theta)\right| \varepsilon_{2 n}\left(\varepsilon^{i \theta}\right) \leqslant n\left|P\left(e^{i \theta}\right)\right| \varepsilon_{2 n}\left(e^{i \theta}\right)+\left|P^{\prime}\left(e^{i \theta}\right)\right| \varepsilon_{2 n}\left(\varepsilon^{i \theta}\right)
$$

Moreover,

$$
\left|e^{i \theta}-e^{i \alpha}\right|\left|e^{i \theta}-e^{i \beta}\right|=4\left|\sin \left(\frac{\theta-\alpha}{2}\right)\right|\left|\sin \left(\frac{\theta-\beta}{2}\right)\right| .
$$

These last two relations and Theorem 1.2 easily imply (1).

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